Badminton Casual (OLC / FSC / RAT)

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | All badminton courts will be in operation at any one time.Maximum capacity of 2 players per court introduced. Same household or support bubbleSignage to encourage distancing and good practice.  | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public.   | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home.  | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry.  | All | Sports hall locked when not in use. Entry to hall will be for pre-booked sessions only.New guidelines issued to staff & customers.  There will procedures in-place to enter and exit the hall and building.Signage to encourage good practice. Basic NGB guidance for staff and management.Reiterate operating safely - Help us protect you.  | 2 | 2 | 4 |  | 4 |
| Contaminated equipment for hire.  | All | Equipment for hire will be sanitised prior to use by public. Quarantine area set up behind reception for used equipment for hire. Staff to sanitise hands immediately after handling returned equipment. Equipment will only be moved out of the quarantine area once it has been sanitised.  | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Come dressed ready for activity & avoid use of the showers/toilets.  Promote observing social distancing rule at all times.  Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers. Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. Hand washing facilities with soap and water in place & actively encouraged.* See hand washing guidance.

<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Basketball Casual

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Basketball Coaching

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Bowling Casual (OLC)

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | Only 2 bowling lanes will be in operation (end lanes only). Maximum capacity of 4 players per lane introduced. Signage to encourage distancing and good practice.  | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public.   | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home.  | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry.  | All | Bowls hall locked when not in use. Entry to hall will be for pre-booked sessions only.New guidelines issued to staff & customers.  There will procedures in-place to enter and exit the hall and building.Signage to encourage good practice. Basic NGB guidance for staff and management.Reiterate operating safely - Help us protect you.   | 2 | 2 | 4 |  | 4 |
| Contaminated equipment for hire.  | All | Equipment for hire will be sanitised prior to use by public. Quarantine area set up behind reception for used equipment for hire. Staff to sanitise hands immediately after handling returned equipment. Equipment will only be moved out of the quarantine area once it has been sanitised.  | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Come dressed ready for activity & avoid use of the showers/toilets.  Promote observing social distancing rule at all times.  Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers. Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. Hand washing facilities with soap and water in place & actively encouraged.* See hand washing guidance.

<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Bowling League (OLC)

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | Follow NGB guidance. Only 2 bowling lanes will be in operation (end lanes only). Maximum capacity of 4 players per lane introduced. Signage to encourage distancing and good practice.  | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public.   | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home.  | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry.  | All | Bowls hall locked when not in use. Entry to hall will be for pre-booked sessions only.New guidelines issued to staff & customers.  There will procedures in-place to enter and exit the hall and building.Signage to encourage good practice. Basic NGB guidance for staff and management.Reiterate operating safely - Help us protect you.   | 2 | 2 | 4 |  | 4 |
| Contaminated equipment for hire.  | All | Equipment for hire will be sanitised prior to use by public. Quarantine area set up behind reception for used equipment for hire. Staff to sanitise hands immediately after handling returned equipment. Equipment will only be moved out of the quarantine area once it has been sanitised.  | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Come dressed ready for activity & avoid use of the showers/toilets.  Promote observing social distancing rule at all times.  Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers. Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. Hand washing facilities with soap and water in place & actively encouraged.* See hand washing guidance.

<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Cricket

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Football Casual

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Football Coaching

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Football League

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Gymnastics

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Handball

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Martial Arts

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Netball Casual

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Netball League

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Table Tennis (OLC / FSC / CWC / RAT)

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | Only 4 tables (OLC sports hall), 2 tables (FSC sports hall) 1 table (FSC CAZ room) and 1 table (CWC studio), will be in operation at any one time (alternate courts only, where applicable). Table Tennis will be located within the Athletics Hall at RAT, with a clear 2m gap.Maximum capacity of 2 players per table introduced. Signage to encourage distancing and good practice.  | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public.   | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home.  | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry.  | All | Sports hall/studio locked when not in use. Entry to hall will be for pre-booked sessions only.New guidelines issued to staff & customers.  There will procedures in-place to enter and exit the hall and building.Signage to encourage good practice. Basic NGB guidance for staff and management.Reiterate operating safely - Help us protect you.  | 2 | 2 | 4 |  | 4 |
| Contaminated equipment for hire.  | All | Equipment for hire will be sanitised prior to use by public. Quarantine area set up behind reception for used equipment for hire. Staff to sanitise hands immediately after handling returned equipment. Equipment will only be moved out of the quarantine area once it has been sanitised.  | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Tables will be sanitised after use. Staff to wear appropriate PPE when cleaning tables. Come dressed ready for activity & avoid use of the showers/toilets.  Promote observing social distancing rule at all times.  Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers. Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. Hand washing facilities with soap and water in place & actively encouraged.* See hand washing guidance.

<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Trampoline coaching (FSC)

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | Coaches to ensure that participants are maintaining social distancing requirements. Maximum capacity of 1 participant per trampoline bed at any one time. Signage to encourage distancing and good practice.  | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public.   | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home.  | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry.  | All | CAZ locked when not in use. Entry to hall will be for pre-booked sessions only.New guidelines issued to staff & customers.  There will procedures in-place to enter and exit the hall and building.Signage to encourage good practice. Basic NGB guidance for staff and management.Maximum capacity of 10. Reiterate operating safely - Help us protect you.  | 2 | 2 | 4 |  | 4 |
| Contaminated equipment.  | All | Trampoline bed safety pad edges, spotting deck mats and throw mats will be sanitised prior to the start of the session and at the end of a session. Staff to sanitise hands immediately after handling equipment. Equipment will only be put out for use once it has been sanitised.  | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Trampoline bed safety pad edges, spotting deck mats and throw mats will be sanitised prior to the start of the session and at the end of a session. Participants are to sanitise their hands when entering the session, and each time they get on and off the trampoline bed. All participants are to wear appropriate footwear for the session, no barefoot trampolining is permitted. Staff to wear appropriate PPE when cleaning. Come dressed ready for activity & avoid use of the showers/toilets.  Promote observing social distancing rule at all times.  Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers. Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place. Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. Hand washing facilities with soap and water in place & actively encouraged.* See hand washing guidance.

<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Volleyball Casual

| **Hazard**What the hazard is/ possible injury | **Risk To**Who may be harmed | **Control Measures**What are you already doing? | **L** | **S** | **R** | **Further Control Measures**(add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

L = Likelihood 1 Remote – would not happen in 5 years. S = Severity 1 Minor Injury

 2 Unlikely – would not happen in 2-3 years. 2 First Aid Treatment

 3 Likely – would expect to happen once a year. 3 Three Day Injury

 4 Very Likely – Could Occur 2-3 times a year. 4 Major Injury

 5 Certainty – Likely to happen at any moment. 5 Fatality

**Completed by:** Paul Thewlis **Signature of Competent Person: Date:** June 2020