Badminton Casual (OLC / FSC / RAT)

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | All badminton courts will be in operation at any one time.  Maximum capacity of 2 players per court introduced. Same household or support bubble  Signage to encourage distancing and good practice. | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public. | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home. | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry. | All | Sports hall locked when not in use.  Entry to hall will be for pre-booked sessions only.  New guidelines issued to staff & customers.    There will procedures in-place to enter and exit the hall and building.  Signage to encourage good practice.  Basic NGB guidance for staff and management.  Reiterate operating safely - Help us protect you. | 2 | 2 | 4 |  | 4 |
| Contaminated equipment for hire. | All | Equipment for hire will be sanitised prior to use by public.  Quarantine area set up behind reception for used equipment for hire.  Staff to sanitise hands immediately after handling returned equipment.  Equipment will only be moved out of the quarantine area once it has been sanitised. | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Come dressed ready for activity & avoid use of the showers/toilets.    Promote observing social distancing rule at all times.    Additional cleaning stations put in place.    Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place.  Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods.  Hand washing facilities with soap and water in place & actively encouraged.   * See hand washing guidance.   <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Basketball Casual

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Basketball Coaching

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Bowling Casual (OLC)

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | Only 2 bowling lanes will be in operation (end lanes only).  Maximum capacity of 4 players per lane introduced.  Signage to encourage distancing and good practice. | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public. | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home. | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry. | All | Bowls hall locked when not in use.  Entry to hall will be for pre-booked sessions only.  New guidelines issued to staff & customers.    There will procedures in-place to enter and exit the hall and building.  Signage to encourage good practice.  Basic NGB guidance for staff and management.  Reiterate operating safely - Help us protect you. | 2 | 2 | 4 |  | 4 |
| Contaminated equipment for hire. | All | Equipment for hire will be sanitised prior to use by public.  Quarantine area set up behind reception for used equipment for hire.  Staff to sanitise hands immediately after handling returned equipment.  Equipment will only be moved out of the quarantine area once it has been sanitised. | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Come dressed ready for activity & avoid use of the showers/toilets.    Promote observing social distancing rule at all times.    Additional cleaning stations put in place.    Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place.  Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods.  Hand washing facilities with soap and water in place & actively encouraged.   * See hand washing guidance.   <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Bowling League (OLC)

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | Follow NGB guidance.  Only 2 bowling lanes will be in operation (end lanes only).  Maximum capacity of 4 players per lane introduced.  Signage to encourage distancing and good practice. | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public. | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home. | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry. | All | Bowls hall locked when not in use.  Entry to hall will be for pre-booked sessions only.  New guidelines issued to staff & customers.    There will procedures in-place to enter and exit the hall and building.  Signage to encourage good practice.  Basic NGB guidance for staff and management.  Reiterate operating safely - Help us protect you. | 2 | 2 | 4 |  | 4 |
| Contaminated equipment for hire. | All | Equipment for hire will be sanitised prior to use by public.  Quarantine area set up behind reception for used equipment for hire.  Staff to sanitise hands immediately after handling returned equipment.  Equipment will only be moved out of the quarantine area once it has been sanitised. | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Come dressed ready for activity & avoid use of the showers/toilets.    Promote observing social distancing rule at all times.    Additional cleaning stations put in place.    Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place.  Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods.  Hand washing facilities with soap and water in place & actively encouraged.   * See hand washing guidance.   <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Cricket

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Football Casual

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Football Coaching

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | There must be a safe changeover time between sessions. We are requesting that all participants have their sports kit on before they arrive and should arrive as close to their session start time as possible, to maintain acceptable customer numbers within the centre. All teams must wear the same colour kit as bibs will not be provided by the centre, this is to reduce the sharing of bibs between players.  Everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend;  Clubs and facility providers should ensure that their facility is compliant with current Government legislation and guidance related to COVID-19  Youth football coaches are encouraged to limit persistent close proximity of participants during match play and training  Competitive training is now permitted, with groups limited to a maximum of 30 people, including coaches  Competitive match play is permitted, with social distancing in place before and after the match, and in any breaks in play  Clubs should keep a record of attendees at a match or training session, including contact details, to support NHS Test and Trace  The sessions may be staggered or have gaps between to ensure traffic in the centre and on the court is not congested. Wait until the previous booking has left the hall before you enter the area and respect social distancing guidelines.  No hand shaking before and after games with referees or other players in order to limit the spread of the virus, when this is able to recommence.  Additional cleaning and sanitising procedures are in all our centres and we will require  regular intervals between sessions to keep our  equipment clean for each participant and ensure changing spaces are clean and tidy. You must bring your own equipment I.E. ball/rackets/etc to the session and the sharing of equipment will not be permitted. Unfortunately changing facilities will not be available for use for users in the centre.  Pay over the phone or via bank transfer.  There will procedures in-place to enter and exit the centre and building, please follow these whilst in the centre.  Maximum number on 7-a-side 30, 5-a-side 15, | 1 | 0 | 1 | None required | 1 |

Football League

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Gymnastics – See separate Risk Assessment

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Handball

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Martial Arts – See separate RA

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Netball Clubs

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Coaches to ensure that participants are maintaining social distancing requirements in line with NGB Guidance  Signage to encourage distancing and good practice. | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public. | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home. | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry. | All | Sports hall/studio locked when not in use.  Entry to hall will be for pre-booked sessions only.  New guidelines issued to staff & customers.    There will procedures in-place to enter and exit the hall and building.  Signage to encourage good practice.  Basic NGB guidance for staff and management.  Reiterate operating safely - Help us protect you. | 2 | 2 | 4 |  | 4 |
| Contaminated equipment | All | Equipment for hire will be sanitised prior to use by coaches as per NGB.  Storage for club kit is stored in locked basket in Sports hall storeroom.  Club provide all their own equipment. | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Netball post will be sanitised after use.  Staff to wear appropriate PPE when cleaning post.  Come dressed ready for activity & avoid use of the showers/toilets.    Promote observing social distancing rule at all times.    Additional cleaning stations put in place.    Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place.  Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods.  Hand washing facilities with soap and water in place & actively encouraged.   * See hand washing guidance.   <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Netball League

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Until further advice is received from the NGB this activity will not be in operation | 1 | 0 | 1 | None required | 1 |

Table Tennis (OLC / FSC / CWC / RAT)

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | Only 4 tables (OLC sports hall), 2 tables (FSC sports hall) 1 table (FSC CAZ room) and 1 table (CWC studio), will be in operation at any one time (alternate courts only, where applicable). Table Tennis will be located within the Athletics Hall at RAT, with a clear 2m gap.  Maximum capacity of 2 players per table introduced.  Signage to encourage distancing and good practice. | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public. | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home. | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry. | All | Sports hall/studio locked when not in use.  Entry to hall will be for pre-booked sessions only.  New guidelines issued to staff & customers.    There will procedures in-place to enter and exit the hall and building.  Signage to encourage good practice.  Basic NGB guidance for staff and management.  Reiterate operating safely - Help us protect you. | 2 | 2 | 4 |  | 4 |
| Contaminated equipment for hire. | All | Equipment for hire will be sanitised prior to use by public.  Quarantine area set up behind reception for used equipment for hire.  Staff to sanitise hands immediately after handling returned equipment.  Equipment will only be moved out of the quarantine area once it has been sanitised. | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Tables will be sanitised after use.  Staff to wear appropriate PPE when cleaning tables.  Come dressed ready for activity & avoid use of the showers/toilets.    Promote observing social distancing rule at all times.    Additional cleaning stations put in place.    Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place.  Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods.  Hand washing facilities with soap and water in place & actively encouraged.   * See hand washing guidance.   <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Trampoline coaching (FSC)

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible | All | Coaches to ensure that participants are maintaining social distancing requirements.  Maximum capacity of 1 participant per trampoline bed at any one time.  Signage to encourage distancing and good practice. | 2 | 2 | 4 |  | 4 |
| Specialist clients may-be classed as high risk & should not be mixing with general public. | Specialist Clients | Customers will be encouraged to follow Government advice on socialising with others and leaving home. | 2 | 2 | 4 |  | 4 |
| Turnstile access or "open door" does not restrict entry which could lead to overcrowding or none-approved entry. | All | CAZ locked when not in use.  Entry to hall will be for pre-booked sessions only.  New guidelines issued to staff & customers.    There will procedures in-place to enter and exit the hall and building.  Signage to encourage good practice.  Basic NGB guidance for staff and management.  Maximum capacity of 10.  Reiterate operating safely - Help us protect you. | 2 | 2 | 4 |  | 4 |
| Contaminated equipment. | All | Trampoline bed safety pad edges, spotting deck mats and throw mats will be sanitised prior to the start of the session and at the end of a session.  Staff to sanitise hands immediately after handling equipment.  Equipment will only be put out for use once it has been sanitised. | 2 | 2 | 4 |  | 4 |
| Sweat & bodily fluids are prone due to exercise type, so hygiene is a concern. | All | Trampoline bed safety pad edges, spotting deck mats and throw mats will be sanitised prior to the start of the session and at the end of a session.  Participants are to sanitise their hands when entering the session, and each time they get on and off the trampoline bed.  All participants are to wear appropriate footwear for the session, no barefoot trampolining is permitted.  Staff to wear appropriate PPE when cleaning.  Come dressed ready for activity & avoid use of the showers/toilets.    Promote observing social distancing rule at all times.    Additional cleaning stations put in place.    Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods. | 2 | 2 | 4 |  | 4 |
| Poor hygiene standards | All | Additional cleaning stations put in place.  Clear approach to cleanliness communicated to both staff & customers.  Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods.  Hand washing facilities with soap and water in place & actively encouraged.   * See hand washing guidance.   <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> | 2 | 1 | 2 |  | 2 |

Volleyball Casual

| **Hazard**  What the hazard is/ possible injury | **Risk To**  Who may be harmed | **Control Measures**  What are you already doing? | **L** | **S** | **R** | **Further Control Measures**  (add to H&S Improvement Plan) | **Risk Rating** after Measures |
| --- | --- | --- | --- | --- | --- | --- | --- |
| No social distancing due to capacity levels & hall layout is not possible. | All | Activity will not be in operation | 1 | 0 | 1 | None required | 1 |

L = Likelihood 1 Remote – would not happen in 5 years. S = Severity 1 Minor Injury

2 Unlikely – would not happen in 2-3 years. 2 First Aid Treatment

3 Likely – would expect to happen once a year. 3 Three Day Injury

4 Very Likely – Could Occur 2-3 times a year. 4 Major Injury

5 Certainty – Likely to happen at any moment. 5 Fatality

**Completed by:** Paul Thewlis **Signature of Competent Person: Date:** June 2020